

PORTION PACK FOODS

« LONG LIFE FOOD »

SINGLE SERVE MEALS (30)

NEW ZEALAND CUSTOMERS

- A maximum of 6 meal variants (5 of each) can be selected from list below - selection to be confirmed by PPF via email

AUSTRALIAN CUSTOMERS

- Single serve meals are held in stock in the warehouse - contact PPF to check the current meal mix

MAIN MEAL (250g)	Ingredients and Allergen Statement
Baked Beans	Water, cranberry beans (29%), tomato paste, sugar, thickener (1412), salt, onion powder, cayenne pepper.
BBQ Beans	Cranberry Beans (24%), water, potato, tomato paste, onion, mushroom, peas, brown sugar, capsicum, pea protein, worcester sauce, vinegar, garlic, salt, spices, flavour. May be present: sesame, soy
Beef Casserole	Beef (38%), vegetables [potato, carrot], water, tomato paste, reconstituted vegetable broth [flavour, flavour enhancers (disodium guanylate, disodium inosinate)], thickener (1412), garlic, spices.
Beef Ragu	Beef (32%), cooked pasta (water, durum wheat), water, tomato, tomato paste, mushroom, capsicum, onion, thickener (1412), sugar, worcester sauce, salt, garlic, herbs and spice. Contains: wheat, gluten May be present: egg
Butter Chicken	Chicken (30%), onion, coconut cream, water, cooked brown rice, (water, brown rice), tomato paste, thickener (1412), spices, sugar, ginger, chilli, salt, garlic, herbs.
Chicken and Chickpea Curry	Chicken (27%), water, chickpeas (19%), onion, tomato paste, tomato, garlic, sugar, carrot, spices, thickener (1412), vegetable oil, salt. May be present: wheat, gluten
Chilli Con Carne	Beef (30%), water, kidney beans, tomato, cooked brown rice [water, brown rice], capsicum, tomato paste, onion, corn, thickener (1412), brown sugar, salt, spices. May be present: soy
Chunky Chicken and Vegetables	Chicken (48%), vegetables (26%) [potato, carrot, corn, celery, onion], water, reconstituted vegetable broth [flavour, flavour enhancers (disodium guanylate, disodium inosinate)], thickener (1412), sugar, salt, herbs, spice.
Potato and Chickpea Curry	Chickpeas (31%), water, onion, tomato paste, potato (6%), tomato, lentils, garlic, pea protein, carrot, spices, butter (milk), vegetable oil, thickener (1412), salt, sugar, spice extract. Contains: milk May be present: wheat, gluten
Spaghetti Bolognese	Beef (30%), tomato, water, spaghetti (10%) [water, durum wheat], tomato paste, reconstituted vegetable broth [flavour, flavour enhancers (disodium guanylate, disodium inosinate)], thickener (1412), brown sugar, garlic, vegetable oil, spice. Contains: wheat, gluten May be present: egg
Sweet Potato Thai Red Curry	Water, lentils, sweet potato (10%), coconut cream, onion, vegetable oil, pea protein, thai curry paste (2%), capsicum, garlic, ginger, coriander, sugar, vegetable stock powder [flavour, flavour enhancers (disodium guanylate, disodium inosinate)], herb, spice extracts. May be present: wheat, gluten
Vegetable Curry	Vegetables (55%) [potato, peas, spinach, carrot, onion], water, cooked brown rice [water, brown rice], coconut cream, tomato paste, thickener (1412), garlic, spices, soybean oil, ginger, pea protein, salt, brown sugar, tamarind [colour (150c)]. Contains: soy