

# READI-SAFE SURVIVAL PACK

## INFORMATION SHEET

**WE RECOMMEND THIS PACK IS STORED IN A DRY AND STABLE ENVIRONMENT WITH AN AMBIENT TEMPERATURE OF LESS THAN 20°C**

**THIS SURVIVAL PACK IS PROVIDED AS A TEMPORARY MEASURE UNTIL ASSISTANCE ARRIVES AND CONTAINS ENOUGH FOOD FOR USE OVER A THREE DAY PERIOD (THIS CAN BE EXTENDED DEPENDING ON THE CONSUMPTION RATE OF THE FOOD)**

The pack contains a number of meals, snacks and sundry items that provide moderate to high energy, protein and carbohydrate value to those confined by disaster and/or emergency situations, for up to three days.

Many of these food items are Defence Force ration pack components and have been formulated, tested and evaluated for their nutritional benefits, prolonged shelf life and durability. As a result the components have a guaranteed **THREE YEAR SHELF LIFE**, given the packs have not been subject to temperatures above 20°C for prolonged periods i.e. over two days.

Readi-Safe Survival Packs are available as **food only packs** or **complete packs** which include essential hardware items.

### FOOD COMPONENTS

- **READY-TO-EAT MEALS**

Each ready-to-eat meal pouch provides a meal for one to two people and depending on the situation this can be conserved further. These meals can be either heated or eaten cold.

- **BEVERAGE POWDERS**

These include instant coffee, tea bags, chocolate drink and a cold drink powder. All require the addition of water.

- **CHOC, CEREAL & ALL FRUIT BARS**

These are sustenance bars which are high in carbohydrates. Over time the choc bar may develop a light coloured “bloom” on the surface however it is still safe to eat. Dissolving the choc bar in hot water provides an alternative hot drink option.

- **VEGETARIAN:**

This requirement has been catered for with a mix of food types supplied.

### TO AVOID FOOD POISONING

DO NOT OPEN MORE FOOD THAN IS NECESSARY FOR A MEAL  
ANY PERISHABLE FOOD OPENED MUST BE CONSUMED IMMEDIATELY OR DISCARDED

## HARDWARE COMPONENTS

- **FIRST AID KIT**

This kit contains essential First Aid components allowing for the initial treatment of injuries until professional personnel with resources make contact.

- **ALUMINIUM BLANKETS**

The blankets provide warmth that is essential for those who have gone into shock. They can be shared by wrapping around a number of people. Huddling together to share body heat is also an option. The aluminium blanket can also provide shelter from rain and wind if opened out along the seams.

- **LIGHT STICKS**

Light sticks will provide light to carry out tasks or for general illumination.

- **WATER PURIFICATION TABLETS**

Sheets of 10 puritabs are enclosed to treat water. Water should be stored alongside this Survival Pack and be replaced periodically (approximately every eight months).

One tablet will treat 1 litre of water. The water must be left for 30 minutes following the addition of the tablet.

**Recommended water requirements for a 3 day period - 9 litres of water per person**

- **FLAMELESS HEATER PACK**

The flameless heater pack is activated by adding water and heats the meal in minutes. Instructions for use are on the pack.

**CAUTION:** The heater pack produces heat and steam so needs to be used in a well ventilated area.

**FOOD COMPONENTS AND FIRST AID KIT WILL NEED TO BE REPLACED EVERY THREE YEARS.  
THE "USE BY" DATE IS STAMPED ON THE PACK SLEEVE**

A SUPPLIER'S WARRANTY OF 18 MONTHS IS APPLIED TO THIS PACK. PLEASE NOTE CONDITIONS OF STORAGE.

If for some reason any item of these food products displays faulty packaging or spoilage on purchase please contact:

**Multi-Pack Ltd**

**T: 04 801 8067**

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# READI-SAFE SURVIVAL PACK

## FOOD & HARDWARE COMPONENTS

	10 PERSON FOOD ONLY	7 PERSON FOOD ONLY	5 PERSON COMPLETE	2 PERSON COMPLETE
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### READY-TO-EAT MEALS (250g)

Assorted meals including:-

Beef Casserole, Spaghetti Bolognese, Chilli Con Carne,  
 Chunky Chicken & Vegetables, Butter Chicken,  
 Chicken Italiano, Vegetable Curry, Baked Beans  
 and others

	20	14	10	5
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### SACHET & POUCH COMPONENTS

Cream Crackers

		7	5	2
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Cereal Bars

	50	14	10	4
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Sweetened Condensed Milk

		1	1	1
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Choc Bars

	10	7	5	1
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All Fruit Bars

	10	7	5	2
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Coffee Sachets

	10	10	10	5
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Tea Bags

	10	10	10	5
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Chocolate Drink Powder Sachets

	10	10	10	5
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Cold Drink Powder Sachets

	10	10	10	5
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### HARDWARE ITEMS

Flameless Heater Pack

			2	1
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Water Purification Tablets- sheet of 10

			1	1
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Light Stick

			1	1
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Essential First Aid Kit

			1	1
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Aluminium Blanket

			2	1
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Plastic Spoons

	10	7	5	2
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Plastic Storage Container

	1	1	1	
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